



Lunch Menu

Appetizers

Soup du Jour 7

Thai Coconut Chowder 7

Thai coconut milk, clam jus, lemongrass, ginger, scallion

Flat Bread

Grilled flat bread, mascarpone, fresh mozzarella, sundried tomato, house pesto, balsamic reduction 10

Quesadilla

Grilled chicken, white cheddar cheese, black beans, scallion, lime sour cream, guacamole, mango salsa, chipotle tomato 12

Calamari

Flash crisped calamari, sundried tomato aioli, chives 10

Crab & Avocado

House guacamole, jumbo lump crabmeat, sweet chili lime, scallions, tri-colored tortilla chips 12

Entrée Salads

Chicken Caesar

Char grilled chicken breast, chopped romaine hearts, creamy Caesar dressing, house made croutons, aged Parmesan cheese 12

Tomato Mozzarella

Fresh mozzarella, heirloom tomatoes, mixed greens, house pesto, balsamic, first press olive oil 12

Blackened Tilapia w/ Field Greens

Blackened tilapia filet, baby field greens, shaved red onion, wedged tomato, sliced cucumber, creamy balsamic 12

Mandarin Shrimp w/ Spinach

Chilled poached tiger prawns, baby spinach, mandarin oranges, toasted almonds, daikon radish sprouts, sesame ginger vinaigrette 14

Herbed Chicken

Herbed chicken Salad, mixed greens, cherry tomatoes, shaved purple onion, grilled pita 12

Specialties

(Sandwiches and wraps served with choice of kettle chips or French fries)

Crab Cake Sandwich

Sautéed Jumbo lump crab cake, sundried tomato aioli, lettuce, tomato 14

“Bacon & Bleu” Bia Burger

Certified Angus beef, applewood smoked bacon, Gorgonzola cheese, lettuce, tomato 10

“Bleu Chicken” BLT Wrap

Char grilled chicken breast, applewood smoked bacon, mayo, blue cheese, romaine lettuce, sliced tomato, flour tortilla 10

Tuna Croissant

Large croissant, Albacore tuna salad with diced celery and purple onion, arugula, sliced tomato 10

Philly Cheese Steak Wrap

Thinly sliced steak, caramelized onions, melted American cheese, lettuce, sliced tomato, flour tortilla 10

Chicken Caesar Wrap

Char grilled chicken breast, chopped romaine hearts, creamy Caesar dressing, aged Parmesan cheese, flour tortilla 10

Spinach Fettuccini

Fresh spinach fettuccini, sautéed artichoke hearts, sundried tomatoes, balsamic white wine garlic butter, aged Parmesan cheese 14